

Safety concern	Routine risk minimisation activities	Additional risk minimisation activities
Missing information for children under 6 years old	<p><u>Routine</u> CCSI, EU-SmPC and PIL</p> <p>As a nonprescription medicine: the EU-SmPC states that TAA-AQ is not recommended in children and adolescents under 18 years of age. According to the EU SmPC, the PIL states that this medicine is not recommended for use in children and adolescents under 18 years of age.</p> <p>As prescription medicine: the EU- SmPC states that the safety and efficacy of the TAA-AQ in children under 6 years of age have not been established in the EU and France for the treatment of seasonal allergic rhinitis, and in children under 6 years of age in the EU, 15 years of age in France for the treatment of perennial allergic rhinitis.</p> <p>Until further evidence is available, continuous use beyond 3 months in children under 12 years (under 6 years in France in SAR, under 15 years in PAR) is not recommended in EU.</p> <p>The PIL states that it should be checked with the doctor or pharmacist before using TAA-AQ in children under 6 years of age in SAR/PAR (EU and France), in children under 15 years of age in PAR (France).</p>	None

## VI.2. ELEMENTS FOR A PUBLIC SUMMARY

### VI.2.1. Overview of disease epidemiology

Rhinitis (“swelling and irritation of the mucous membrane inside the nose”) is characterized by nasal symptoms including sneezing, itching and blocked, stuffy or runny nose.

The most common kind of rhinitis is allergic rhinitis that can be caused by things such as:

- Animal fur or house dust mites. This type of allergy can happen at any time of the year and is called “perennial allergic rhinitis” (PAR)
- Pollen. This type of allergy, such as hay fever, can be caused by different pollens in different seasons of the year. This is called “seasonal allergic rhinitis” (SAR)

It is estimated that over 500 million patients suffer from allergic rhinitis which causes major illness and disability worldwide by affecting social life, sleep, school and work with a substantial economic impact.

### VI.2.2. Summary of treatment benefits

Triamcinolone acetonide is a corticosteroid (“type of steroid”) The precise mechanism of corticosteroid antiallergic action is unknown, corticosteroids are very effective in the treatment of allergic diseases in man. They have been shown to have a wide range of actions on multiple cell types involved in inflammation (swollen, red, and painful).

Triamcinolone acetonide 55 micrograms/dose as aqueous suspension in nasal spray (TAA-AQ) is a suspension of the corticosteroid, triamcinolone acetonide, in a metered dose nasal spray pump unit (55 micrograms per spray), which has been approved for the treatment of seasonal allergic rhinitis and perennial allergic rhinitis

### VI.2.3. Unknowns relating to treatment benefits

TAA-AQ has been on the market for over 15 years and no unknown benefits related to treatment are expected.

### VI.2.4. Summary of safety concerns

**Table 3 - Important identified risks**

<b>Risk</b>	<b>What is known</b>	<b>Preventability</b>
<b>Severe hypersensitivity reaction</b>	Hypersensitivity reactions such as serious allergic reaction which causes swelling of the face, lips, tongue and throat (angioedema) or difficulty in breathing (anaphylaxis), are known reactions observed with triamcinolone acetonide in nasal spray. The frequency of such events is unknown..  No specific groups of patients have been identified with elevated risk of hypersensitivity reaction apart from patients with known hypersensitivity to triamcinolone acetonide or of any of its excipients.	Yes, by avoiding the use of triamcinolone acetonide in nasal spray in patients who are known to be allergic to triamcinolone acetonide or any of the ingredients of triamcinolone acetonide in nasal spray
<b>Reduction in growth velocity in children (how fast they grow)</b>	Growth retardation has been reported in children receiving nasal corticosteroids, including triamcinolone for a long time (over 12 months).	Yes, by regularly checking the height of the children who have been using triamcinolone acetonide in nasal spray for a long time.
<b>Nasal septum (middle part of the inside of the nose) perforation</b>	Corticosteroids have an inhibitory effect on wound healing, and thus intranasal corticosteroids can increase the risk of	Yes, by limiting the use of triamcinolone acetonide in nasal spray in patients who have

Risk	What is known	Preventability
	nasal septal perforation if used when a patient has an unhealed wound at the nasal septum. The frequency of such event is rare.	recently had a nose operation, or had an injury or ulcer in the nose.

**Table 4 - Important potential risks**

Risk	What is known (Including reason why it is considered a potential risk)
<b>Harm for the future baby when given to pregnant women</b>	Limited information is available on the use of triamcinolone acetonide in nasal spray in pregnant women. In animal studies, corticosteroids including triamcinolone acetonide have been shown to induce malformations in foetus (developing baby still inside the mother's body)). Pregnant women may expose their future babies to possible risk.
<b>Decrease of the level of cortisol in the blood in patients previously treated for prolonged periods with oral corticosteroids and/or concomitantly treated with oral corticosteroids</b>	A decrease of the level of cortisol in the blood may occur in patients previously treated for prolonged periods with corticosteroids and/or concomitantly treated with corticosteroids. However, studies on the effects of triamcinolone acetonide in nasal spray have not clearly identified such effect when the medication is used at the recommended dosages.
<b>Ocular disorders</b>	Inhaled and intranasal corticosteroids are associated in the medical literature with a risk of cataract ("Cloudiness of the lens in the eye"). The risk appears greatest at high doses of inhaled and intranasal corticosteroids for prolonged periods). A small risk of glaucoma ("elevated pressure inside the eye ball") with prolonged high doses of inhaled and intranasal corticosteroids has been also reported. The risk of both of these ocular disorders increases with increasing age. It is recommended to monitor patients with a change in vision or previous history of glaucoma and/or cataract.  The frequency of such event is unknown.
<b>Infection of the nose and the pharynx with <i>Candida albicans</i> (type of yeast)</b>	<i>Candida albicans</i> is a type of yeast that is a constituent of the normal gut flora that lives in the human mouth and gastrointestinal tract. Local infection of the nose and the pharynx may develop in patients on long term treatment with corticosteroids. It is recommended to monitor patients for this type of infection.

**Table 5 - Important missing information**

Risk	What is known
<b>Missing information for lactating women</b>	Triamcinolone acetonide in nasal spray may, like other corticosteroids, pass into human breast milk. Its use is not recommended in lactating women.
<b>Missing information for children aged under 6 years old.</b>	The safety and efficacy of triamcinolone acetonide in nasal spray in children under 6 years of age have not been established and its use in this group of patients is not recommended.

**VI.2.5. Summary of additional risk minimization measures by safety concern**

Not applicable since no additional risk minimization measures are required.

**VI.2.6. Planned post authorization development plan**

There is no post authorization development plan for triamcinolone.

**VI.2.7. Summary of changes to the RMP over time**

Not applicable since this is the first RMP for triamcinolone.