

A dispersion for administration to children can be prepared from Tamiflu 75 mg capsules according to the following instructions:

Attention! These instructions depart from the instructions given in the package leaflet! These instructions should be followed when Tamiflu 30 mg capsules, Tamiflu 45 mg capsules or Tamiflu oral suspension are not available.

Equipment:

- One Tamiflu 75 mg capsule
- Two small bowls
- One 10 ml syringe for the preparation of the dispersion
- One 1 ml, 2 ml, 3 ml or 10 ml syringe for dose administration
- 1) Hold one capsule over a small bowl, carefully pull and twist the capsule open and pour the powder into the bowl.
- 2) Add 7.5 ml water to the powder using a 10 ml syringe provided with the capsules. Use tap water. The concentration of the prepared dispersion is 10 mg/ml.
- **3)** Mix the powder to the water and continue stirring for 2 minutes. The mixture may contain undissolved white powder.
- **4)** Check the correct dose from the table below.
- 5) Draw up into the syringe the correct amount of mixture, based on the patient's weight. It is not necessary to draw up the undissolved white powder as this is inert material. Push down on the plunger of the syringe, to empty its entire contents into a second bowl.
- **6**) In the second bowl, add a suitable, small amount of sweet food product to the mixture (to mask bitter taste) and mix well. The sweet food product can be yoghurt or sweet fruit butter, for example.
- 7) Stir this mixture and give the entire contents of the second bowl to the patient. This mixture must be swallowed immediately after its preparation.

Weight	Recommended dose	Volume of the dispersion prepared from 75 mg capsules	Daily dose	Volume of the syringe
3 kg	6 mg	0,6 ml	0,6 ml twice daily	1 ml
4 kg	8 mg	0,8 ml	0,8 ml twice daily	1 ml
5 kg	10 mg	1,0 ml	1,0 ml twice daily	1 ml
6 kg	12 mg	1,2 ml	1,2 ml twice daily	2 ml
7 kg	14 mg	1,4 ml	1,4 ml twice daily	2 ml
8 kg	20 mg	2,0 ml	2,0 ml twice daily	2 ml
9 kg	27 mg	2,7 ml	2,7 ml twice daily	3 ml
10 - 15 kg	30 mg	3,0 ml	3,0 ml twice daily	3 ml
16 – 22 kg	45 mg	4,5 ml	4,5 ml twice daily	10 ml
23 – 40 kg	60 mg	6,0 ml	6,0 ml twice daily	10 ml
over 40 kg	75 mg	7,5 ml	7,5 ml twice daily	10 ml

Source: National Agency of Medicines, 14.8.2009